

Dallas Area CEA-HOW Meetings

Compulsive Eaters Anonymous – Honesty Open-mindedness Willingness
updated Jan 29, 2012

DFW Metroplex Meetings

Intergrp	Group	Day	Time	Location	Address	City	Contact	Phone	Type
90119	1132	Mon	7:00 PM	<u>The First Center (The Woman's Cntr)</u>	515 Custer Road	Richardson	Katrina	972-690-7024	Pitch
90125	1169	Mon	7:00 PM	<u>Prince of Peace Lutheran Church</u>	4000 Midway	Carrollton	P.D.	972-965-8210	Disc/Spkr
90125	1182	Mon	7:30 PM	<u>Mayhill Hospital</u>	2809 S. Mayhill Road	Denton	Donald	940-648-2634	Disc/Spkr
90119	1843	Tues	7:00 PM	<u>William C Martin Methodist Church</u>	2621 Bedford Road	Bedford	Karen R	817-318-0545	Pitch
90119	1196	Wed	12:00 PM	<u>St Mark's Catholic Church</u>	1100 W 15 th St, Ste 105	Plano	Sonya	972-326-5653	Pitch
90119	1117	Wed	7:30 PM	<u>Center for Spiritual Development</u>	5324 West Northwest Hwy	Dallas	Linda T.	972-386-9043	Pitch
90125	792	Thu	7:00 PM	<u>Prince of Peace Lutheran Church</u>	4000 Midway	Carrollton	P.D.	972-965-8210	Disc/Spkr
90119	1426	Fri	12:00 PM	<u>Prince of Peace Lutheran Church</u>	4000 Midway	Carrollton	Myrna	469-892-5476	Pitch
90119	1325	Fri	7:00 PM	<u>Charlton Methodist Hospital</u>	3500 W Wheatland Rd	Dallas	Alicia	214-675-8117	Pitch/Spkr
90125	1320	Sat	8:30 AM	<u>Trinity United Methodist Church</u>	633 Hobson Lane	Denton	Nancy M	940-387-6950	Disc/Spkr
90119	1162	Sat	9:00 AM	<u>Legacy Expect a Miracle AFG</u>	909 W. Spring Creek Pkwy, #150	Plano	Jamie	972-596-9022	Pitch
90119	867	Sat	11:00 AM	<u>Center for Spiritual Development</u>	5324 West Northwest Hwy	Dallas	Tony S	972-632-9534	Pitch/Spkr
90119	791	Sun	5:00 PM	<u>St. Stephen's Presbyterian Church</u>	1621 W. Grauwlyer	Irving	Linda	972-986-8271	Pitch/Spkr

Meetings Outside DFW Metroplex

Intergrp	Group	Day	Time	Location	Address	City	Contact	Phone	Type
90119	1492	Mon	6:30 PM	<u>Kaufman Tea Room on the Square</u>	207 N. Washington	Kaufman	Gary	972-962-8042	Pitch
90119	1670	Thur	6:30 PM	<u>Archie's Hair Designs</u>	107 W. 2nd Street	Kaufman	Martha	972-962-8042	Pitch
90125	1838	Thurs	11:00 AM	<u>Treasure Hills Presbyterian Church</u>	120 North Ed Carey Drive	Harlingen	Esther M.	956-423-3485	Topic/Disc
90119	1878	Sat	10:00 AM	<u>Chapelwood United Methodist Church</u>	11140 Greenbay St.,Rm 103	Houston	Paula	281-633-2498	Pitch/Speaker
90125	1838	Sat	1:00 PM	<u>Treasure Hills Presbyterian Church</u>	2120 Ed Carey Dr & Haine	Harlingen	Esther M.	956-423-3485	Topic/Disc

Archie's Hair Designs, 107 W. 2nd Street, Kaufman, TX

Directions: Travel east on Hwy 175 and exit for Kaufman. Follow the road past Presbyterian hospital and two stop signs until you reach the red light on the main square. Turn right at the light onto Washington St .. Proceed about 3 blocks and turn right onto 2nd Street just past the Eagle Oil & Lube. Archie's will be a square brick building on the left with his sign

Center for Spiritual Development, 5324 West North west Highway, Dallas, Texas (opposite 9200 Inwood Road)

Directions: In the 2 story stone house on the Southeast corner of NW Hwy & Inwood Rd. Going east on NW Hwy it's the first driveway on the right after Inwood, across from the Northwest Highway entrance to Lovers Lane United Methodist Church. Room #1 is to the left of the front entry.

Chapelwood United Methodist Church, 11140 Greenbay Street, William Center, Room 103 , Houston, Texas

Charlton Methodist Hospital, 3500 West Wheatland Road, Dallas, Texas

Directions: From Interstate 35, head south to 67 and exit Wheatland Road. Make a left at the first light. The hospital is on the right. Parking is free. It is recommended that one enter from the outpatient clinic in the back. Meeting room is the 2nd floor Conference Room.

The First Center (The Woman's Center), 515 Custer Road, Richardson, Texas 75080

Directions: From Central Expwy (US75) take exit 25 for Arapaho Rd. Go West on Arapaho. At first light turn left and go South on Custer. Meeting is in First Center, the grey house on the parking lot directly across Custer Road from First United Methodist Church Richardson.

Kaufman Tea Room on the Square, 207 N. Washington, Kaufman, TX

Directions: 635 E to Hwy 175 (to Kaufman) to Hwy 243 (take the Canton exit). Come to the square in Kaufman and the Tea Room is on the northeast corner. Enter at side door.

Legacy Expect a Miracle Al-Anon Family Group, Cross Creek Village Shopping Center, 909 W. Spring Creek Pkwy, Suite 150, Plano, TX

Directions: US 75 North to Spring Creek Pkwy; West on Spring Creek to Alma; North on Alma. Meeting is on the NW corner of Alma & Spring Creek Parkway. Enter through the door on the north side of the building marked Legacy Group Expect a Miracle AFG

Mayhill Hospital, 2809 S. Mayhill Road, Denton, Texas

From Dallas, go North on I35E. Take the Mayhill/State School Road exit. Go right (East) onto S. Mayhill Road. Hospital is a one story building (currently under construction) on the right hand side of the road, directly across the street from Denton Regional Medical Center. Go into hospital and approach the desk. Turn into right hall. Meeting is held in the Rehab Room.

Pinewood Group, 201-D Pinewood Dr, Conroe, Texas

Directions: From I-45N take 105 exit & stay on service road. Do not go over the bridge; stay to the right. Turn right (West) on to HWY 2854--less than a mile. Turn left on to Pinewood Drive. The Strip Mall is on the left after the stop sign.

Prince Of Peace Lutheran Church, 4000 Midway Road, Adult Education Center, Room 4, 4000 Midway Road, Carrollton, TX

Church is at NE corner of Midway and International Pkwy; Building is at SW corner of lot (closest to intersection); Enter through door at North end of building and turn right

Directions: From the Dallas Tollway: Exit Plano Parkway; go west. Go left on International Parkway. Church is on the right.

From Interstate 35E (I-35E): Exit Round Grove Road/Hebron Parkway; go east 8 miles to Midway Road. Turn right and go one block.

From George Bush Tollway (190): Exit Midway; go through light at International Parkway; make first right into parking lot. Building is on the right.

St. Mark's Catholic Church, 1100 West 15th, Plano, Texas (Southwest corner of West 15th and Alma)

Directions: Going North on Hwy. 75, take the 15th Street (Main St.) exit and turn left onto 15th Street. The second traffic light is Alma. The meeting is in a white L-shaped building on the southwest corner of Alma and 15th. The meeting is in Suite 105, the library. There is ample parking in front of and behind the building.

St Stephen's Presbyterian Church, 1621 W. Grauwlyer, Irving, Texas (across from Lively Elementary School)

Directions: From 183 take the MacArthur exit and go south to Grauwlyer. Turn right (west) and look for church on right (north) side. Enter church from South side of building. Meeting is in the office to the left

Treasure Hills Presbyterian Church, 120 North Ed Carey Drive, Harlingen, TX

Trinity United Methodist Church, 633 Hobson Lane, Denton, Texas

Directions: Park at the rear of the building and enter through the rear entrance.

William C Martin Methodist Church, 2621 Bedford Road, Seekers Room, Bedford, Tx

Directions: Meeting is in Seekers Room: Enter the building closest to the parking lot. Walk straight back. Just before you get to several doors turn right. Go up the 3 steps. The "Seekers Room" is the first classroom on the left.

From Dallas: Take 183 west. Exit at Westpark Way/Murphy Road. Turn Right(go north). At the third stop light(Bedford Road) turn right. You will see the William C. Martin Methodist Church Sign; Take the first left (Woodson Road), Turn Left into the parking lot.

From Fort Worth: Take 183 East. Exit Westpark Way/Murphy Road. Turn left at the stoplight (go north).. At the 4th stop light(Bedford Road) turn right. You will see the William C. Martin Methodist Church Sign. Take the first left (Woodson Road). Turn left into the church parking lot.

From Grapevine, Coppell, Plano: Take 121 south. Exit Harwood Road. Go through the Harwood Road intersection. Go to Bedford Road (stop sign). Turn right. Go through the Martin Road intersection. Turn right on Woodson Road. Turn left into church parking lot.