

Contribute your Experience, Strength and Hope to the upcoming
CEA-HOW Sponsorship Booklet

For the person seeking a sponsor:

How does sponsorship help the newcomer?

How should a sponsor be chosen?

Should sponsor and newcomer be as much alike as possible?

What should a newcomer expect from a sponsor?

How does sponsorship differ from Twelfth Step calls?

Must the newcomer agree with everything the sponsor says?

What if the sponsor is unavailable when needed?

May a newcomer have more than one sponsor?

May a newcomer change sponsors?

If a newcomer has received a thorough course of treatment and indoctrination in another 12 step program outside CEA-HOW, will a sponsor still be needed in CEA-HOW?
Is a special approach needed?

Is it ever too late to get a sponsor?

For the person wanting to be a sponsor:

How does sponsorship help the sponsor?

Can any member be a sponsor?

When is a member ready for sponsorship responsibility?

What does a sponsor do?

Is there any one best way of sponsoring a newcomer?

How can a sponsor explain the CEA-HOW program?

How can a sponsor work with a Compulsive Eater's family?

Should a sponsor lend money to a newcomer?

Should a sponsor intercede with an employer?

Can a sponsor be too casual?

How can a sponsor handle an overly dependent newcomer?

How can a sponsor work with a newcomer who rejects help.

When newcomers resist "the spiritual side" of the program, what can the sponsor do?

How should a sponsor deal with slips?

Can a member sponsor more than one newcomer?

When and how does the sponsor let the newcomer go?

For groups planning sponsorship activity:

How does sponsorship help a group?

What procedures can a group set up to sponsor new members?

How may "outside" CEA-HOW groups help groups and members in institutions?

Please return your completed questionnaire to the CEA-HOW World Service Office at:

**Compulsive Eaters Anonymous-HOW
5500 East Atherton St., Suite 227-B
Long Beach, CA 90815-4017**

or email Ann S. at annnpoo@sbcglobal.net